Mobile Apps:

If you are a member or participant in the benefit plan or program listed below, download the app shown from your phone's app store to have access to your benefits anytime, anywhere!



<u>Medical</u>: **MyCigna** – use this app to find in-network doctors and medical services; manage and track claims; see cost estimates for medical procedures; compare quality of care for doctors and hospitals; access a variety of health and wellness tools and resources.



<u>Wellness</u>: **Virgin Pulse** – use this app to access your company's wellbeing program. Get all the core features at your fingertips for on-the-go healthy living: Track your steps, active minutes, calories burned, and sleep Track your program rewards and progress to the next milestone. You will have access to the tips and tools you need to improve your health today.



<u>Prescriptions:</u> Express Scripts – use this app to instantly access your personalized medication information. Access your virtual ID card; easily request refills; receive up-to-the minute order status updates; locate a pharmacy; transfer medications to home delivery; use the medicine cabinet to store a list of your medications; get information about a specific medication; receive reminders and access to a drug interaction checker.



<u>Price Transparency Cost Comparison Tool</u>: **Healthcare Bluebook** – access code **Maritz.** Use this app to compare cost and quality for a procedure with different facilities and providers. Employees can access the same price and provider information that is available through Maritz's Healthcare Bluebook site.



<u>Dental</u>: **Delta Dental Mobile App** – use this app to search for in-network dentists and book an appointment; view your mobile ID card; view claims and coverage information; use the toothbrush timer which motivates you to brush for the recommended two minutes; use the LifeSmile Score, the easy-to-use risk assessment tool, which helps you understand your risk for tooth decay, gum disease and oral cancer.



<u>Vision:</u> **EyeMed** – use this app to find an eye doctor near you; get turn-by-turn directions to the provider of your choice; schedule appointments on-the-fly; view your member ID card; see current benefits eligibility and in-network benefit details; get answers to commonly asked questions; save vision prescriptions; receive contact lens change reminders, contact EyeMed.



<u>Health Savings Account (HSA)</u>, <u>Dependent Care FSA</u>, <u>Commuter</u>: **Benefits by WEX** – use this app to keep tabs on all your benefit accounts. Quickly check available balances 24/7; file or view claims and upload receipts; view your statements and notifications; scan product barcodes to determine their eligibility; view and manage your HSA investments; retrieve your forgotten user name/password; report a debit card as lost or stolen; click to call or email Customer Service.



<u>Legal:</u> **ARAG Legal** – this app helps members easily start a case; search for network attorneys; view attorney ratings and reviews; or contact ARAG Customer Care for help with their legal matter.

ARAG Legal



<u>Identity Theft Protection</u>: **Allstate Identity Protection** – this app helps members safeguard their personal information, the data they share, and the relationships they treasure – all from your phone or tablet. Use this app to clear alerts; check your credit; keep tabs on your Identity Health Score; and access Allstate's Dark Web Intelligence on the go.



<u>Telehealth Visits</u>: **MDLive** – use this app and have access to a doctor anywhere: at home, at work, or on the go. Doctors are available 24/7 by video or phone. Private, secure, and confidential visits.



<u>Employee Assistance Plan (EAP) ComPsych:</u> <u>Guidance Now</u> – user name is <u>LFGSupport</u>, password <u>LFGSupport1</u> - use this app to find a provider; browse and search informational tools and resources on topics or categories such as well-being, relationships, work, education, finance and lifestyle.



<u>Digital Diabetes and Hypertension Programs</u>: **Livongo** – this app works with the Livongo Blood Glucose Meter, and Livongo Blood Pressure Monitor to give you a more detailed picture of your overall health by recording your blood sugar and blood pressure readings. The app also allows you to order test strips; log your food; message a coach; receive personalized insights after every reading; receive nudges and tips for a healthier lifestyle with recipes, articles, tools, and more.



<u>Digital Weight Loss and Lifestyle Change Program</u>: **Omada** – use this app to connect with your coach via direct messaging; track your meals while you're out and about; track your steps and activity from Apple's Healthy App; read and complete your weekly lessons; view your personal progress chart anytime; interact with your group members on the group board.



<u>Digital At-Home Exercise Therapy Program</u>: **Hinge Health** – with this app, you have exercise therapy on the go; unlimited 1-on-1 virtual sessions with your dedicated physical therapist and health coach; real-time feedback when you complete exercise therapy; access to educational articles to help you learn the best ways to conquer persistent pain; access to a support community of other Hinge Health participants so you can inspire each other on your journey to better health.



<u>401k</u>: **T Rowe Price Personal** – use this app to view account balances; view asset allocations and historical charts; perform transactions within your accounts; conduct investment research; check the status of recent and pending transactions.



International Business Travel – **Global Health Complete – Code: MBA01350-704161** - use this app to access health care advice wherever you are in the world when traveling out of the country on Maritz business - 24 hours a day, 7 days a week, 365 days a year. Their highly qualified global team of doctors are ready to assess your symptoms and recommend treatment. Register on the app, then schedule a video consultation or call back telephone consultation from a doctor at a convenient time for you. The app enables you to speak with a doctor, upload images, scans, and test results.



<u>Health Payment Account (HPA):</u> <u>Paytient</u> – use this app to create an account in less than five minutes, activate your Paytient virtual Visa card immediately after account creation, access in-app chat support for questions, concerns, or account changes, quickly track your spending and manage active transactions, and access and copy your card information to pay for care with Paytient at home or on the go.

The providers below have a mobile-friendly designed website in lieu of a mobile app, which allows you to log into the member portal from the internet browser for your mobile device and have the same access to your benefits from any device – anytime, anywhere.

<u>Leave of Absence:</u> Lincoln Financial – <u>www.mylincolnportal.com</u> - (enter Maritz as company code if you are registering for the first time) - visit this site to file a claim for a leave or accommodation request; check the status of your claim; upload documents; find your claim manager contact information; upload medical records; download forms and other documents; receive notifications about your claim.

<u>Voluntary Employee Benefit Discounts</u> – <u>YouDecide</u> - <u>https://www.youdecide.com/portal/login/MTZ936</u> - visit this site to obtain discounts on home, auto, pet insurance, or child care; save money on student loan refinancing, gym memberships, flat screen TVs, movie tickets, and much more!

<u>Accident, Critical Illness, Hospital plans</u> – Voya - https://presents.voya.com/EBRC/maritzholdingsinc - visit this site to view plan highlights for each benefit or review your plan documents/certificate of coverage; obtain premium or cost information; file a claim.